



THE SOUTH COUNTY UNITARIAN UNIVERSALIST

THE NEWSLETTER OF THE UNITARIAN UNIVERSALIST CONGREGATION OF SOUTH COUNTY

VOLUME 20 ISSUE 3

MARCH 2011

March Services

March 6

Gratitude and Generosity – *Rev. Betty Kornitzer*

There's a symbiotic connection between gratitude and generosity. Together these qualities produce much happiness and actually manifest abundance. We'll explore how this works in our lives and in our congregation.

March 13

The Fifth UU Principle: "The Right of Conscience and the Use of the Democratic Process within our Congregations and in Society at Large" – *Rev. Betty Kornitzer*

What's the democratic process got to do with religion and spirituality? Everything! Come learn about the significance of this egalitarian principle in our Unitarian Universalist history and theology.

Daylight savings time begins today!



March 20

Human Creativity & Deanna Camputaro

Deanna's "Human Creativity" dance troupe from Central Falls High School, who last performed for us a year ago, return to share their vibrant spirit.

March 27

The Beatitudes – *Rev. Betty Kornitzer*

The eight Beatitudes are the blessings that begin Jesus's Sermon on the Mount. These well known saying are a commentary on the human condition. We will look at that commentary within a historical and religious context.

April 3

One Heart, One Mind: What Do You Stand For? – *Rev. Betty Kornitzer*

What's your personal mission statement? We'll consider this philosophical question within a Unitarian Universalist framework.



OUR HOME IS AT LILY PADS PROFESSIONAL CENTER, 27 NORTH ROAD, PEACE DALE, R.I.



THE SOUTH COUNTY UNITARIAN UNIVERSALIST

PUBLISHED ELEVEN TIMES A YEAR

KAREN R. ELLSWORTH, EDITOR ♦ VAL FOLLETT & GERRE ALDERWICK, PUBLISHERS

DEADLINE: THE 20TH DAY OF EACH MONTH

UNITARIAN UNIVERSALIST CONGREGATION OF SOUTH COUNTY

www.uusouthcountyri.org

OUR HOME IS AT LILY PADS PROFESSIONAL CENTER, 27 NORTH ROAD, PEACE DALE, R. I. 02879

(401) 783 -4170 • uucscri@yahoo.com • <http://www.uusouthcountyri.org> *David Crockett, Webmaster*

Rev. Betty Kornitzer, Minister

Services and Children's Religious Education on Sundays at 10 a.m.

*We welcome all individuals without regard to race, color, physical challenge,
sexual orientation, age, or national origin.*

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Michael Galib, Music Director

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Contact Information for Rev. Betty Kornitzer

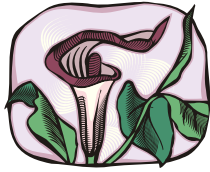
Regular Office Hours – Wednesdays 3 to 6 p.m., Thursdays and Fridays: 9 a.m. to Noon,
and other times, all by appointment. Days off are Monday and Tuesday.

Office Telephone (non-urgent calls) – 284-3321 Cell Phone (urgent calls) – 932-1515

E-mail (very effective) – bkornitzer@aol.com

Church Cancellation Policy

The Congregation President and the Minister will determine if Sunday services should be cancelled due to bad weather. Cancellations will be broadcast on the Eyewitness News Pinpoint Network, TV channels 12 and 64, and radio stations WHJJ AM (920), WWBB FM (101.5), WHJY FM (94.1) and WSNE FM (93.3). A notice will be posted on the UUCSC website and a message will be sent on the congregation e-mail list.



The Minister's Message

By Rev. Betty Kornitzer

Sabbatical Reveries

Sabbatical was a true gift and I thank the congregation from the bottom of my heart. I return to South County refreshed and renewed, and, as always, happy to be with you.

January in Southern California was definitely an excellent idea. I arrived several weeks after the mud slides and one week after the cold spell. The average daytime weather during my stay was about 75 degrees, not too hard to take. While the weather was lovely, it was the sabbatical experience itself that made the month so significant.

First, the four-day Poetry Circle experience: You may have noticed that I am very drawn to poetry. You usually hear a poem or two at the Sunday morning service. I find that poetry moves the spirit much the way music does. Poetry prepares the soil of my heart and mind to receive seeds of sentiment, knowledge and understanding. It is often through poetry that I connect most profoundly with myself and the world around me. I have appreciated poetry for a long time. This year I have begun to write it. The Poetry Circle I worked with in San Diego was a facilitated group of five aspiring poets. We practiced the art of poetry together with critique and editing sessions. I am now working with a poetry coach here in Rhode Island.

I spent four days working with my Spiritual Director in La Mesa. I have worked weekly with this person by telephone for the past thirteen years. During this time I did personal spiritual work, and I also received training in doing spiritual direction with others.

My time in California was capped with two weeks in the high chaparrals at Deer Park Monastery in Escondido, Thich Nhat Hahn's retreat center. This was a time of personal reflection and study of Thich Nhat Hahn's teachings in Buddhism,.

Here's a brief Poem from Deer Park:

Dawning Walk at Deer Park Monastery

*The red boulders rise, statuesque, from the
mountainside,
Elders greeting me at the gates to
Enlightenment.
Here, the heavens are so bright and close,
I find I am walking in the blueness of the
sky,
Not beneath it.
Everything is clear and intense,
Within and without.
All senses are heightened as*

*Sage and rosemary permeate
The bone dry air.*

*This is a Technicolor walk,
Everything is illuminated,
And I think to myself:
Maybe this is how it begins,
Here on this mountain ridge,
Among the boulders, the coyotes,
the sage and rosemary—
enlightenment, I mean.*

Blessings, Peace and Love,

Betty

The President's Letter

At our February Board meeting, Sandy Ketrow from the Personnel Committee gave a presentation to the Board pertaining to personnel policies and an organizational chart. With Sandy was Adam Chickman, a senior studying communications at URI. Sandy, a Professor of Communications at URI, will be supervising Adam on a project with the UUCSC this semester. One of his activities will be surveying the congregation on communication issues.

The Personnel Committee works with the Minister, RE Director and Music Director on personnel issues and contracts. They also maintain the Personnel Manual. Other members of the committee doing this important behind-the-scenes work are Carolyn Hurdis (chair), Mary Finnegan, and Susan Kerkian.

Also at the meeting was Marcia Boyd. Marcia recently relocated to South County from Rochester, N.Y. Some people accuse Marcia of bringing the snow with her, but it can't be proven.

Marcia has been working on a

Congregational Handbook by herself for several months now.



"The Sugar Camp" (1920) © 2009, Florida Center for Instructional Technology.

However, the Board approved an Ad-Hoc Handbook Committee at its February meeting. Marcia is the chair; additional members include Linda Whyte Burrell (Board Vice President), Rich Evans (Trustee), and Peter Himmel. The committee will develop a Committee Handbook, "Who Do I . . . ?" (a guide for friends and members), a Policies and Procedures Handbook, and a Board Book. The Committee will make a preliminary report at the

Board's April meeting. The goal is to produce the four documents to be considered at the May Board Meeting, and to be presented at the Congregation Annual Meeting on June 6.

The Committee will also provide a list of topics not covered yet by the materials but to be included in the future. The Policies and Procedures Handbook will outline a clear process to update and review these four documents on an ongoing basis (at least annually).

The Committee will participate in forums or other methods of communication within the congregation as the Board requests to facilitate the process of developing these documents and introducing them for ongoing use by the UUCSC. These four documents will be maintained and updated on the UUCSC website and three paper copies will be available in the church office.

The ad-hoc committee will end as of June 30, 2011. Yeah!

— Charlie Donnelly



We met dancing. Our life is a dance.

Rich Evans and Brenna DiPrete Wilmot invite you to our wedding in dance.

*Ceremony on Saturday, March 12, 2011 at 1 p.m.
Unitarian Universalist Congregation of South County
27 North Rd, Peace Dale, R.I.*

*Ballroom Dance & Reception
P J & B Studio, 186 Roffee St., Barrington, R.I.
Ballroom Dance Lesson at 7 p.m. Open dancing 8 to 11 p.m.
Come join us in the celebration of dance & marriage*



The Music Corner

by Mike Galib, Music Director

I Hear America Singing

by Walt Whitman

I hear America singing, the varied carols I hear,
Those of mechanics, each one singing his as it should be blithe and strong,
The carpenter singing his as he measures his plank or beam,
The mason singing his as he makes ready for work, or leaves off work,
The boatman singing what belongs to him in his boat, the deckhand singing on the steamboat deck,
The shoemaker singing as he sits on his bench, the hatter singing as he stands,
The wood-cutter's song, the ploughboy's on his way in the morning, or at noon intermission or at sundown,
The delicious singing of the mother, or of the young wife at work, or of the girl sewing or washing,
Each singing what belongs to him or her and to none else,
The day what belongs to the day—at night the party of young fellows, robust, friendly,
Singing with open mouths their strong melodious songs.

The Hospitality Committee Thanks You

Thanks to all who have generously hosted coffee hour. Many hands and willing hearts have made our job pleasant and efficient. We have new guidelines intended to make it as simple and green as possible, and we would be happy to hear comments and suggestions from those of you who have taken a turn.

The year has gone by quickly and we have several more Sundays to organize. If you are willing to host a Sunday in the months ahead, we would be delighted to hear from you.



Pick the Sunday you would like and drop us an e-mail or give us a call. We are setting up teams of two or three families, so you won't be without help. Our goal is to ask for every willing member to host once. Also, if you wouldn't mind a second turn,

please contact us and we will schedule a Sunday that is convenient for you. In the past, during the summer months, light refreshments have been served. Since Lisa and I will be off duty during the summer, we are looking for a few members willing to help with continuing these after-service refreshments.

Many thanks to you all.

— Vikki LePree and Lisa McHenry

Want to be heard?

In an effort to better understand the communication wants and needs of the congregation, UUCSC is teaming up with Adam Chickman, a senior at URI Communications Studies student, for a comprehensive communication audit. Adam will conduct surveys, interviews, and a group forum to hear from congregation members what they feel can be improved upon. The congregation will receive the first survey on March 6, in paper-and-pencil format as well as on-line format.



Adam looks forward to diving in head first and working with the congregation. Any questions comments or concerns should be directed to Adam. Sandy Ketrow is supervising the communication audit project.

Let us hear *your* voice!



MONEY MATTERS

The monthly column from the Finance Committee

During the past few months we've covered the costs for Facilities, Administration, Denominational Contributions, and Staff. This month we are completing our look at our budget expense items, in an effort to understand where all of our dollars are spent. The final category is Ministry: Worship; to Members; Religious Education and Social Justice.

The following figures are from the Treasurer's January report.

<i>Ministry of Worship</i>	<i>Budgeted</i>	<i>Spent to date</i>
Guest Speaker and Musicians	\$600	\$1,000
Hospitality	\$300	0
Music Materials	\$250	0
UU Music Network Membership	\$60	0
Total Ministry of Worship	\$1,210	\$1,000
<i>Ministry to Members</i>	<i>Budgeted</i>	<i>Spent to date</i>
Advertising	\$200	0
Caring and Sharing	\$100	\$40
Congregation Handbook	\$100	0
Directory	\$100	0
Leadership Development	0	0
Membership Materials	\$475	\$168
Total Ministry to Members	\$975	\$208
<i>RE Ministry</i>	<i>Budgeted</i>	<i>Spent to date</i>
Coming of Age	Special Fund	
Curriculum (Child/Youth)	\$350	\$190
OWL	\$200	0
Supplies	\$650	\$338
Jr. Youth Program	\$200	\$21
Sr. Youth Program	Special Fund	
Total RE Ministry	\$1,400	\$549
<i>Social Justice Ministry</i>	<i>Budgeted</i>	<i>Spent to date</i>
	\$500	\$300
<i>Total Social Justice Ministry</i>	<i>\$500</i>	<i>\$300</i>

We have received \$2,000 over the last two years from the O'Halloran Foundation to use in our social action efforts. The money is segregated in a Special Fund for that purpose.

By the time you receive this newsletter we will have begun our pledge campaign for the next fiscal year. Our great hope is to increase our pledges so that we are able to hire an Office Administrator. This person is especially important as we look to Rev. Betty's four month sabbatical that will begin in early 2012. We anticipate that this position will cost close to \$7,000. If every pledging family could consider increasing their pledge by \$100, this could be in the realm of "possible." Thank you all for your great and generous spirit,

– Aline Couture, Finance Chair

What did you think?

What did you think about the most recent worship services you have attended? Likes and dislikes?

Are they giving you the spiritual experience you seek?

What is important to you in worship?

What suggestions do you have?

The Worship Committee will have a comment box available for you to let us know how you feel about worship services.

Fill out a card, sign your name, and drop it in the comment box after services.

Worship is the core of our congregation, and we welcome your thoughts and suggestions. Thank you.

– The Worship Committee

This month, the Junior Youth Group will put together and deliver our monthly Welcome House meal on Friday, March 4. Thank you all so much for helping our neighbors! Thanks also go the Pam Santos and Ann Marie Dennelle for their guidance.

– Gerre Alderwick

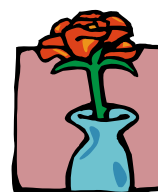
Spiritual Deepening: A Continuing Series for Unfolding a Soulful Life . . .

is facilitated by Christine Phoenix-Green and Rev. Betty Kornitzer and meets on the third Wednesday of each month at 7 p.m. in the Sanctuary. We will explore the following forms of spiritual practice:

March 16 - Deep Listening

April 20 - Creating Altars

May 18 - Self Reflection



Our Prayer Circle

Our prayer circle will take place on March 3rd and the first Thursday of every month from 6 to 6:40 p.m. in the Library.

Many of us hold in our hearts a person, pet or a situation for which we have deep concern. This prayer circle will offer a safe and sacred space in which to join in healing prayer. We will share times of meditation, music, spoken (and unspoken) prayer, silence, and readings. All are welcome.

– Betty Kornitzer



Religious Education News and Events

By Debby Hedison, Director of Religious Education

"....go with Wisdom, go with Wonder...."

*May all beings have happiness and the cause of happiness,
May all beings be free from sorrow and the cause of sorrow,
And may all beings live in equanimity without too much attachment and too much aversion,
And live believing in the equality of all that lives.*

– Buddhist Prayer of the Four Immeasurable Minds,
quoted by Joan Borysenko in *Pocketful of Miracles*

I love that last line, "Believing in the equality of all that lives." To my mind, you have to believe it first and then act on it, work for it and teach it to our children and youth with lots of love and rich experiences.

Our children and youth definitely have hands-on experiences with that concept. Our Coming of Age Youth, along with their advisors, attended the Standing on the Side of Love Service on February 13, and both the Coming of Age youth and most of the Senior Youth Group attended the rally that followed. What a powerful experience for this community to share with our teens!

The elementary-level children have also been exploring diversity and helping our fellow human beings through projects such as making a huge batch of minestrone soup for our friends at Welcome House, and making greeting cards to send to various friends and members of the congregation who could use a smile. The Junior Youth Group will also gather this month and make a feast for Welcome House.

The upper elementary children have created a "Just Town," deciding as a group what would be useful and important in such a town, how to keep a small environmental footprint, and how to make these decisions as a team.

Many of our senior youth attended the Cons (Conferences) at Westminster Unitarian Church in East Greenwich and had an absolutely great time meeting other UU teens from various congregations.

Lots of great things are happening and, as always, everyone has an invitation to sit in on a class any Sunday to see what's going on and perhaps orientate you for a future "gig" in our classrooms!

In March we will be holding a fire drill in RE, to begin a safety procedure we will repeat twice a year.

If anyone is interested in having a child, youth or baby Dedicated or if you wish to learn more about what a Child Dedication is, please see Debby.

A big thanks to all the adults who have been giving tons of creativity, energy and dedication to RE programming thus far. We can't do it without a cooperative effort!

Soon a survey will be going out to families so that the RE Committee can incorporate your wishes and ideas for next year's programming. If you don't have a child or youth participating in our program but have ideas to share, please let me know and I will be sure to get a survey to you! Every voice is important.

Namaste,

Debby

Music at Lily Pads continues with . . .

The KC Moaners Jug Band on Saturday, March 12

Jug Band Concert, Potluck Dinner at 6:30 ; Concert, Open Mic, and Jam session starting at 7:30

Jim Chapin and Colette Fournier, who played at the very first UUCSC Coffee House Concert at the Legion Hall, return with the KC Moaners Jug Band! This will be a relaxed and fun-filled evening of traditional acoustic music, beginning with a performance of classic jug band tunes. After a break, the Open Mic session will give you and your friends an opportunity to sing a song for us! (A limited number of spots are available, so advanced sign-up is encouraged. Call or email Harry Buffum). The full band will return to lead an acoustic music jam session and sing-along. Bring instruments and song suggestions! Concert admission is \$7 for adults, \$3 for children.



The KC Moaners' wide-ranging musical repertoire is rendered primarily on guitar, fiddle, mandolin and harmonica, along with an assortment jugs, kazoots, washtubs, washboards, and just about anything else that's not nailed down. Their performances are marked with a fun-loving, irreverent approach, which belies the bands respect and affection for the music they love. Current band members are Jim Chapin (guitar, jug, kazoo, vocals), Greg Andreozzi (washboard), Kevin Collins (blues harp, vocals), Colette Fournier (fiddle, vocals), David Haller (guitar, mandolin, vocals), and Deck Nieforth (washtub bass, harmonica, vocals).

Red Molly with Kristi Martel on Friday, April 15

"Red Molly may be from New York, but their bluegrass and old-time gospel sounds and buoyant three-part harmonies are so down-home it's as if their notes are carried to you on the crisp air of the Ozarks." -The Boston Globe

On a July evening in 2004, at their campsite at the Falcon Ridge Folk Festival, Laurie MacAllister, Abbie Gardner and Carolann Solebello harmonized for the very first time. As they sang their campmates off to sleep, they knew they had stumbled into something extraordinary. Audiences seem to agree. Since that summer night, Red Molly has consistently brought concert-goers to their feet with stunning three-part harmonies, crisp musicianship and a warm, engaging stage presence. Austin singer/songwriter Molly Venter has now very ably replaced Carolann Solebello.

Rhode Island singer/songwriter Kristi Martel will open the show. We are very excited to have both of these talented acts play for us.

Tickets are \$15 and are available to congregation members at Sunday services, and at local outlets including Sweet Cakes in Peace Dale and the Alternative Food Co-op and Looney Tunes II in Wakefield.



Rally for Marriage Equality draws huge crowd

Building on its success a year ago, the UUCSC's annual Standing on the Side of Love Rally on February 13th, in support of pending marriage equality legislation, drew more than one hundred participants, including members of other local churches, local legislators, and representatives of Marriage Equality R.I. (MERI).



Rep. Teresa Tanzi, Rep. Donna Walsh, Sen. Sue Sosnowski, Rep. Frank Ferri and husband Tony Caparco, and Rev. Betty Kornitzer at the rally.

Photo by Lisa M. Riordan, SouthKingstownPatch.com

Instead of marching to Dale Carlia Corner, we rallied at the church from 11:45 a.m. to 1 p.m. this year because of the weather conditions. Incredibly effective presentations were made by eight people directly affected by our present laws, clearly underscoring the need to pass the legislation. Kathy Kushnir, director of MERI, Carolyn Mark of the R.I. National Organization for Women, and Rev. Betty Kornitzer made brief presentations. South Kingstown's representatives in the legislature were invited; Senator Sosnowski and representatives Walsh, Tanzi, and Dickinson attended and spoke, as did Representative Frank Ferri of

Warwick, one of the prime sponsors of the legislation in the House.

We received media coverage from the *Narragansett Times*, the *South County Independent*, which estimated the crowd at 100 to 130, and the on-line "South Kingstown Patch" (<http://southkingstown.patch.com> -



Members of Channing Memorial Church in Newport attended the hearing at the State House on February 9.

Photo by Pam Goff and Evan Gallo, South Kingstown Patch.com

/articles/marriage-equality-or-civil-indifference). Myron Waldman videotaped the rally and Dave Frederick is editing it into an eight-to-twelve-minute video.

Many congregation members also attended the House Judiciary Committee's Feb. 9 hearing on the marriage equality legislation.

To see Rev. Duane Clinker's testimony at that hearing, go to <http://www.youtube.com/watch?v=en-BHxk-WkQU>.

— John Glasheen



Annual Spring Fashion Show & Tea to benefit the Jonnycake Center and UUCSC

Saturday, April 16th, 3 to 5 p.m.

UUCSC at Lilypads, 27 North Road, Peace Dale

featuring traditional Tea, singer Jae Spence, basket raffle

Admission is \$25. To reserve a place, please contact Cindy Berry.

A note to members and friends of the congregation: Can you help with this event? We are collecting baskets and small new or like-new items for the baskets. They can be left in the Community Room until March 27th. We are also looking for bakery items appropriate for a tea, certificates from local merchants or donated items, help with set-up and cleanup at the tea, and young people who will volunteer as servers (the guests love them!). We will meet to assemble the raffle baskets at Marie's house at 7 p.m. on March 31. If you would like to help, please contact Marie Younkin-Waldman. Thanks so much for helping with this great project to help those in need in our community!

— Marie Younkin-Waldman

We're in the Social Network



Thanks to everyone who became our "fan!" We now have our own Facebook pages! You can visit them at www.facebook.com/UUCSC and www.facebook.com/LoveLilyPads.

— Myron Waldman

The Lunch Bunch

The Lunch Bunch will meet Monday, March 28 at noon to discuss Mark Twain's *A Connecticut Yankee in King Arthur's Court*. Come help us celebrate the author's 100th birthday. Laughter is a well-known therapy. All welcome! For further information, call Helene Gersuny.

New 'Path to Membership' classes begin on April 3

As we do twice a year, Rev. Betty and the Membership Committee will offer classes for those who want to learn more about our faith and especially for those considering joining the congregation. The classes will be held after church on three Sunday mornings in April (the 3rd, 10th and 17th) from 11:30 to 12:30. Child care will be available. If you are interested, please put the following schedule on your refrigerator:

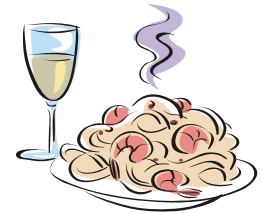
April 3 – Unitarian Universalist History – Rev. Betty Kornitzer, 11:30-12:30 in the nursery.
April 10 – Unitarian Universalist Theology – Rev. Betty Kornitzer, 11:30-12:30 in the nursery.
April 17 – How our congregation is organized – Membership Committee, 11:30-12:30, middle room downstairs

If you are already a UU and you plan to join the congregation, you don't need to attend the first two classes unless you want to, but it's very important for you to attend the third class. A New Member ceremony, for those who decide to join, will be part of the service on Sunday, May 1. – Val Follett

Newcomer Potluck Dinner on April 1

We're planning another fun Newcomer Potluck Dinner on Friday, April 1 at 6 p.m. at the lovely Narragansett home of Rev. Betty Kornitzer. Sponsored by the Membership Committee, this is an event for all of you who consider yourselves newcomers or those who just want an opportunity to share good food and good company with others in our congregation in a smaller setting.

Please bring a dish you'd like to share and join the fun. Printed invitations will soon be available from the Membership Committee on Sunday mornings. We are the ones with purple nametags who greet you as you enter. Hope to see you on April Fool's Day . . . no joke! – Val Follett



"AWAKENING the Dreamer, CHANGING the Dream"

Womensphere, the Ballou Channing District Women's Group, is excited to present a symposium facilitated by Sisters of Mercy Mary Pendergast and Nancy Audette. This day of renewal for women provides an interactive transformational workshop that inspires participants to play a role in creating a new future: an environmentally sustainable, spiritually fulfilling, and socially just human presence on this planet. Through dynamic group interactions, leading edge information, and inspiring multimedia, participants are inspired to reconnect with their deep concern for our world, and are empowered to make a difference. The symposium is on April 30 from 9:30 a.m. to 3:30 p.m. at First Unitarian Church of New Bedford, 71 8th Street at the corner of Union St. Cost is \$25, including lunch. Pre-registration is required; contact dschmader@cox.net. – Kathy Swink

Coping with Fear

Using Harold S. Kushner's *Conquering Fear: Living Boldly in an Uncertain World* as a point of reference and source of information, the Adult Religious Education Committee will offer a five-session group meeting on April 5 and 19 and May 3, 20, and 27 from 7 to 8:30 p.m. in the Community Room. Topics will include "The Eleventh Commandment: Don't be Afraid," "Bigger than Life" (Massive Fear), "Fear of Rejection and Change," "Fear of Illness and Aging," and "Death, Hope and Courage and our Faith Community." Each session will cover one or two fears that the group chooses to discuss. Purchasing the book is suggested but not required. Copies will be available at \$8. – Peter Himmel

Our Meditation Group meets in the sanctuary every Wednesday from 10 to 11 a.m. We practice sitting and walking meditation and share a reading and time of discussion. All are welcome, no meditation experience is needed.



Clear Heart Sangha takes place on Sunday, March 6th from 6 to 8 p.m. in the Sanctuary. A meditation group in the tradition of Thich Nhat Hahn, a Vietnamese Buddhist monk, the sangha is led by dharma teacher Joanne Friday. All are welcome.

End of Life Planning Workshop

Sunday, March 13 and Sunday, March 27

Potluck lunch at 11:30 a.m. in the Community Room

Program from 12:30 to 2 p.m. downstairs

Presenters: Rev. Betty Kornitzer, Lou Rubenstein, M.D., medical director of the Hospitalist program at South County Hospital (on March 13 only), and Marcia J. Boyd, an attorney in private practice concentrating in elder law, probate and trusts, and related areas.

This two-session workshop is valuable for people of all ages, including young adults. Attending both sessions is valuable but not required. At the March 13th session, we will discuss the medical, pastoral and legal elements of the planning process, including end-of-life planning and medical decisions, and durable powers of attorney for health care and living wills. We will use the "Five Wishes" material provided by Aging with Dignity and recommended by the American Bar Association.

On March 26, we will discuss general durable powers of attorney, the importance of having a last will and testament, and what Rhode Island law says about advance funeral planning. Participants will be able to review and sign documents to confirm their end-of-life decisions.

How to Lose 5,000 lbs. a Month

Michael Sweringen of Micro-leadership, in Brooklyn, N.Y., a global warming educator and energy-efficiency evangelist, will speak on "How to Lose 5000 Pounds in a Month" (5000 Pounds of CO₂, that is) after a pot luck dinner on Saturday, March 19, sponsored by the Green Task Force.

Michael will teach us ten ways we can cut the carbon dioxide we produce.

This hands-on workshop will surprise and challenge you. Reducing our carbon footprint is easy, interesting and fun. It saves us money. It lowers the carbon dioxide we contribute to global warming. It is very satisfying.

The pot luck dinner will be at 6 p.m. in the Community Room, and Michael will speak at 7 p.m. in the Sanctuary.



What a success!

On November 19, at our Intergenerational Thanksgiving Service, we handed out 70 Guest at Your Table boxes. As I finish the paperwork and send in the money to the Unitarian Universalist Service Committee, I am overjoyed to make the following report:

Fifty four boxes were returned, and we raised a total of \$1761.83. A year ago, 23 boxes were returned with a total of \$905. We better than doubled participation and almost doubled our contribution. I can't wait to see what happens next year. Thank you one and all, and special thanks go to Debby Hedison and Rev. Betty.

— Gerre Alderwick



*The UUCSC's **Agape Fund** was created to provide confidential help to members and friends of the congregation who are having difficulty meeting the cost of basic needs such as food, shelter, and heat. The basis of the fund is the collection taken at the annual Christmas Eve service. Rev. Betty Kornitzer administers this fund. If you need a little help, please call Betty at her study (284-3321).*

Lay Pastoral Associates

The Lay Pastoral Associates Team (PAT) assists Rev. Betty in caring for members and friends of UUCSC who are experiencing times of challenge and transition. By supplementing Rev. Betty's pastoral care, the lay team provides a wider and deeper resource to our growing community.

Pastoral Associates provide a caring presence. They listen and help nurture the spirit. Members of the Pastoral Care Team are Cindy Berry, Val Follett, Penny Hall, Pat O'Reilly and Lynda Wells. Call Rev. Betty with your pastoral concerns and she will speak with you and make a referral to the PAT when appropriate.

The PAT is distinct from the Caring Connection, chaired by Judi

Marcy. The Caring Connection will continue to be a caring resource, offering support and providing meals, rides to church, super-



market, bank, or medical appointment. Their caring outreach and is a mainstay of congregational life at UUCSC. A PAT brochure and further explanation is available at UUCSC and on the UUCSC website.

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“Nothing in education is so astonishing as
the amount of ignorance it accumulates
in the form of inert facts.”

– from *The Education of Henry Adams* (1907),
by Henry B. Adams (1838-1918)

The American journalist, historian, academic and novelist, and
great-grandson of President John Adams, died 93 years ago this month.